

Welcome to  
Monk Michael's  
New Warrior Ministries

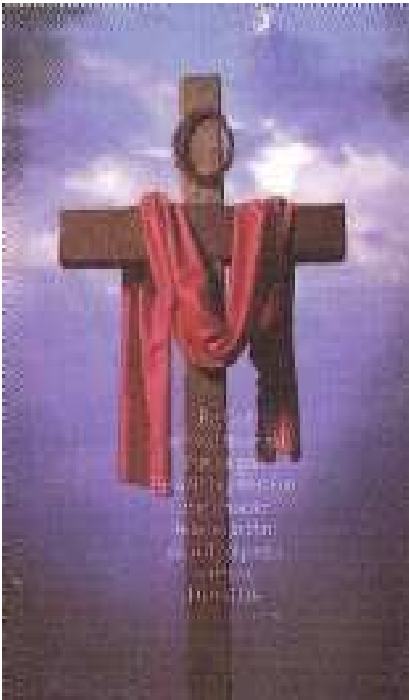
In this manual I would like to introduce you to the two paths that we as created beings may choose to follow. There are two destinations; one is Heaven or eternal life *with* God. The other is Hell or eternal life *without* God.

We are given the ability to decide which destination is the one we want. It is argued by some that a living and loving God would never send any of His creatures into a burning hellfire for eternity. But this only shows their lack of scriptural knowledge.

It is not God the Creator who sends anyone anywhere. We ourselves are the deciders of our destiny. Hell is life in darkness without the light because God Himself is the light that lights up the world. By turning your back on God you are making your own decision to live in that utter darkness.

The fires of Hell will be our own torment in our soul for an eternity for the turning of our backs on our Creator, living in the dark under our own torment will be our own doing. Make your decision now to follow the Christ, take a walk down the path and come into the light of life for an eternity.

# The Two Paths



[Jhn 14:6](#) Jesus saith unto him, **I am the way the truth, and the life**: no man cometh unto **the** Father, but by me

[Jhn 15:10](#) If ye **keep my commandments**, ye shall abide in **my** love; even as I have kept **my** Father's **commandments**, and abide in his love.

[Mat 7:20](#) Wherefore by their fruits ye shall know them



[Mat 7:21](#) Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.

[2Pe 2:4](#) For if God spared not the angels that sinned, but cast [them] down to hell, and delivered [them] into chains of darkness, to be reserved unto judgment;

[2PE 2:20](#) For if after they have escaped the pollutions of the world through the knowledge of the Lord and Saviour Jesus Christ, they are again entangled therein, and overcome, the latter end is worse with them than the beginning.

## How do we do the will of Jesus?



[Mat 22:36](#) Master, which [is] the great commandment in the law?

[Mat 22:37](#) Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

[Mat 22:38](#) This is the first and great commandment.

[Mat 22:39](#) And the second [is] like unto it, Thou shalt love thy neighbour as thyself.

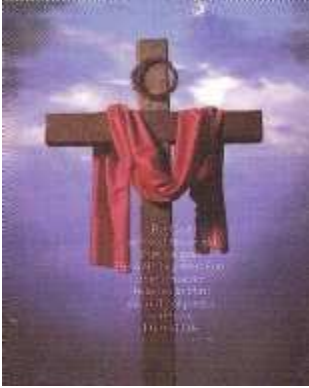
[Mat 22:40](#) On these two commandments hang all the law and the prophets.

[Mat 18:3](#) And said, Verily I say unto you, Except ye be converted, and become as little children, ye **shall not enter into the kingdom** of heaven.

[Mar 10:15](#) Verily I say unto you, Whosoever **shall not receive the kingdom** of God as a little child, he **shall not enter** therein.

[Luk 18:17](#) Verily I say unto you, Whosoever **shall not receive the kingdom** of God as a little child **shall in no wise enter** therein.

**How do we love the Lord our God with all our heart, all our soul and all our mind?**



**Exd 20:6** And shewing mercy unto thousands of them that love me, and **keep my commandments**.

**Lev 22:31** Therefore shall ye **keep my commandments**, and do them: I [am] the LORD.

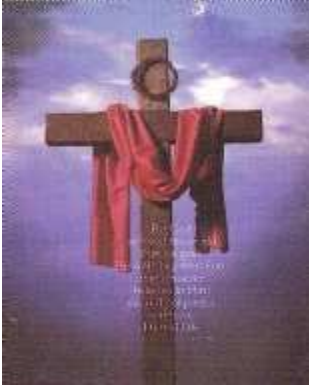
**Lev 26:3** If ye walk in **my statutes**, and **keep my commandments**, and do them;

**Deu 5:10** And shewing mercy unto thousands of them that love me and **keep my commandments**.

**Neh 1:9** But [if] ye turn unto me, and **keep my commandments**, and do them; though there were of you cast out unto the uttermost part of the heaven, [yet] will I gather them from thence, and will bring them unto the place that I have chosen to set **my name** there.

**1Sa 12:15** But **if** ye will **not obey** the voice of the LORD, but rebel against the commandment of the LORD, then shall the hand of the LORD be against **you**, as [it was] against your fathers.

# What are the commandments of God?



## THE TEN COMMANDMENTS

I

Thou shalt have no other gods before Me

II

Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth

III

Thou shalt not take the name of the LORD thy God in vain

IV

Remember the Sabbath day, to keep it holy

V

Honour thy father and thy mother

VI

Thou shalt not murder

VII

Thou shalt not commit adultery

VIII

Thou shalt not steal

IX

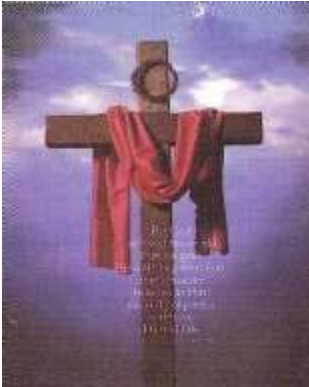
Thou shalt not bear false witness against thy neighbour

X

Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's

But aren't the Ten Commandments the law?

I was told that after Jesus came we are not under law  
but under grace!



Before you read any farther, if you believe the heading of this page than go back and read what Jesus said was the first and greatest commandment and then come back and continue here.

**Mat 5:17** Think not that I am come to destroy the law, or the prophets: I am **not** come to destroy, but to fulfil.

**Rom 2:7** To them who by patient continuance in well doing seek for glory and honour and immortality, eternal life:

**Rom 2:10** But glory, honour, and peace, to every man that worketh good, to the Jew first, and also to the Gentile:

**Rom 2:13** (For not the hearers of the law [are] just before God, but the doers of the law shall be justified.

**Rom 2:8** But unto them that are contentious, and do not obey the truth, but obey unrighteousness, indignation and wrath,

**Rom 2:9** Tribulation and anguish, upon every soul of man that doeth evil, of the Jew first, and also of the Gentile;

**Rom 2:11** For there is no respect of persons with God.

**Rom 2:12** For as many as have sinned without law shall also perish without law: and as many as have sinned in the law shall be judged by the law;

## What else does Jesus say about how we are to live?

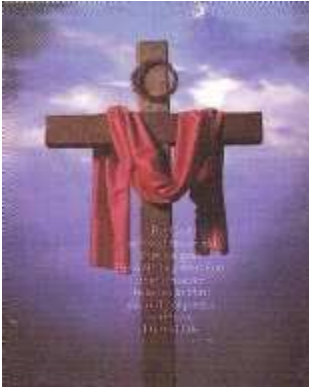


**Jhn 14:21** He that hath **my commandments**, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of **my** Father, and I will love him, and will manifest myself to him.

**Jhn 15:10** If ye keep **my commandments**, ye shall abide in **my** love; even as I have kept **my** Father's **commandments**, and abide in his love.

**Mat 25:32** And before him shall be gathered all nations: and he shall **separate** them one **from** another, as a shepherd divideth [his] sheep **from the** goats:

## What other guidelines do we have?



[1Cr 13:13](#) And now abideth **faith, hope, charity**, these three; but the greatest of these [is] **charity**.

## What does that mean, charity is the greatest?

[1Jo 4:10](#) Herein **is love, not** that we loved God, but that he loved us, and sent his Son [to be] the propitiation for our sins.

[1Jo 4:18](#) There **is** no fear in **love**; but perfect **love** casteth out fear: because fear hath torment. He that feareth **is not** made perfect in **love**.

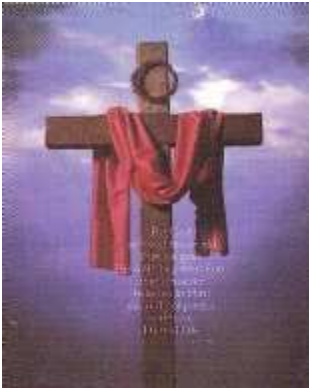
[1Jo 5:3](#) For this **is** the **love** of God, that we keep his commandments: and his commandments are **not** grievous

[Luk 6:35](#) But **love** ye your enemies, and do good, and lend, hoping for nothing again; and your reward shall be great, and ye shall be the children of the Highest: for he **is** kind unto the unthankful and [to] the evil.

[1Jo 4:8](#) He that loveth **not** knoweth **not** God; for God **is** **love**.

[1Jo 4:20](#) If a man say, I **love** God, and hateth his brother, he **is** a liar: for he that loveth **not** his brother whom he hath seen, how can he **love** God whom he hath **not** seen?

What else do the scriptures say about loving our brothers?



**1Cr 13:4** Love is patient, love is kind {and} is not jealous; love does not brag {and} is not arrogant,

**1Cr 13:5** does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong {suffered,}

**1Cr 13:6** does not rejoice in unrighteousness, but rejoices with the truth;

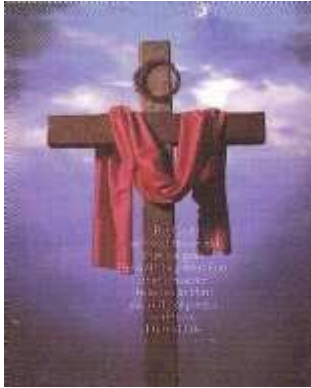
**1Cr 13:7** bears all things, believes all things, hopes all things, endures all things.

**1Cr 13:8** Love never fails; but if {there are gifts of} prophecy, they will be done away; if {there are} tongues, they will cease; if {there is} knowledge, it will be done away.

**1Cr 13:1** If I speak with the tongues of men and of angels, but do not have love, I have become a noisy gong or a clanging cymbal.

**1Cr 13:2** If I have {the gift of} prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to remove mountains, but do not have love, I am nothing.

What should I do if I have a problem with my brother?



**Mat 5:23** Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you,

**Mat 5:24** leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering.

**Luke 6:36** Be ye therefore merciful, as your Father also is merciful.

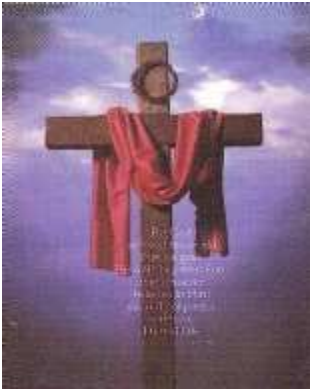
**Mat 5:20** For I say to you that unless your righteousness surpasses {that} of the scribes and Pharisees, you will not enter the kingdom of heaven.

**Mat 5:22** But I say to you that everyone who is angry with his brother shall be guilty before the court; and whoever says to his brother, 'You good-for-nothing,' shall be guilty before the supreme court; and whoever says, 'You fool,' shall be guilty {enough to go} into the fiery hell.

**Luke 6:41** "Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye?"

**Luke 6:42** Or how can you say to your brother, 'Brother, let me take out the speck that is in your eye,' when you yourself do not see the log that is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take out the speck that is in your brother's eye.

# Does Jesus say anything else about love?



**Mat 5:7** Blessed are the merciful, for they shall receive mercy.

**Mat 5:8** "Blessed are the pure in heart, for they shall see God.

**Mat 5:9**"Blessed are the peacemakers, for they shall be called sons of God..

**Mat 5:10** "Blessed are those who have been persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

**Mat 5:11** "Blessed are you when {people} insult you and persecute you, and falsely say all kinds of evil against you because of Me.

**Mat 5:12** "Rejoice and be glad, for your reward in heaven is great; for in the same way they persecuted the prophets who were before you.

**Mat 5:13** "You are the salt of the earth; but if the salt has become tasteless, how can it be made salty {again?} It is no longer good for anything, except to be thrown out and trampled under foot by men.

## What else does Jesus say? How can we talk to the Father?

We can pray to the Father as Jesus taught us to pray, however we also must understand the meaning behind the prayer when we speak to Him because if we do not understand what we are saying when we speak to God, we could be speaking our own condemnation. Here is the prayer Jesus taught us to pray with some explanation; some call it "The Lord's Prayer" and others call it the "Our Father" because of the first two words of the prayer.

Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us; And lead us not into temptation but deliver us from evil. (For Thine is the kingdom the power and the glory forever). AMEN

(Matthew 6:9 -13)

### Our Father

We say "Father," because God really is our Father. We do not mean here by Father the First Person of the Blessed Trinity, but the Blessed Trinity itself-one God. What does a father do for his children? He gives them their natural existence, provides them with food and clothing, teaches, protects, and loves them, shares with them all that he has, and when he dies leaves them his possessions. Now, in all these ways, and in a much truer sense, God is our Father. He created us and gives us all that is necessary to sustain life. He gives light, heat, and air, without any one of which we could not live. He provides for us also food and clothing, and long before we need or even think of these things God is thinking of them.

"Who art in Heaven."

We preach God is everywhere. Why then do we say, "Who art in Heaven," as if He were no place else? We say so to remind us, first, that Heaven is our true home, and that this world is only a strange land in which we are staying for a while to do the work that God wishes us to do here, and then return to our own home; second, that in Heaven we shall see God face to face and as He is; third, that Heaven is the place where God will be for all eternity with the blessed.

"Hallowed be Thy name:"

Hallowed means made holy or sacred. Halloween is the name given to the evening before the feast of All Hallows or All Saints. God's name is holy.

"Thy kingdom come:"

This petition contains a great deal more than we at first see in it. In it we ask that God may reign in our hearts and in the hearts of all men by His grace in this life, and that we and all men may attain our eternal salvation, and thus be brought to reign forever with God in Heaven-the kingdom of His glory. As the Church on earth is frequently called the kingdom of Christ, and as all the labors of the Church are directed to the salvation of souls, we pray also in this petition that the Church may be extended upon earth, that the true religion may be spread over the whole world, that all men may know and serve the true God and cheerfully obey His holy laws; that the devil may have no dominion over them. While saying this petition we may have it in our minds to pray even for particular ways in which the true religion can be spread; for example, by praying that the missionaries may meet with success and all the missions prosper; that ministers and bishops may be ordained to preach the Gospel; that the Church may overcome all her enemies everywhere, and the true religion triumph.

"Thy will be done on earth as it is in Heaven:"

In Heaven all the angels and saints obey God perfectly; they never offend Him; so we pray that it may be on earth as it is in Heaven, all men doing God's will, observing His laws and the laws of His Church, and living without sin.

"Give us this day our daily bread:"

In this petition "bread" means not merely bread, but everything we need for our daily lives; such as food, clothing, light, heat, air, and the like; also food for the soul, i.e., grace. If a beggar told you that he had not tasted bread for the whole day, you would never think of asking him if he had eaten any cake, because you would understand by his word bread means all kinds of food. We say "daily," to teach us not to be greedy or too careful about ourselves, and not to ask for unnecessary things, but to pray for what we need for our present wants. It also is understood to mean God's daily word and spiritual gifts as in again 'grace' and 'faith'.

"And forgive us our trespasses as we forgive those who trespass against us:"

"Trespasses" means here our sins, our offenses against God. When we trespass we enter places we should not, or where we are forbidden to go. So when we sin we go where we should not go, viz., out of the path of virtue that leads to God, and into the way of vice that leads to the devil.

"As we forgive them:"

We take this to mean: we forgive others who have offended us, and for that reason, God, You should forgive us who have offended You. Our Lord told a beautiful parable, ie., a story by way of illustration, to explain this. (Matt. 18:23).

A very rich man had a servant who owed him a large sum of money. One day the master asked the servant for the money, and the poor servant had none to give. Now the law of the country was, that when anyone could not pay his debts, all that he had could be sold and the money given to the one to whom it was due, and if that was not sufficient, he and his wife and his children could be sold as slaves. The servant, knowing this, fell on his knees and begged his master to be patient with him, and to give him time and he would pay all. Then his master was moved to pity, granted not only what he asked, but freed him from the debt altogether.

Afterwards when this servant, who had just been forgiven the large sum, was going out, he found one of his fellow servants who owed him a very small sum of money, and taking hold of him by the throat, demanded payment. Now, this poor servant, having nothing to give just then, implored his assailant to be patient with him and he would pay all. But the hard- hearted servant-though he himself had a little while before asked and obtained the very same favor from his own master-would not listen to the request or wait longer, but went and had his fellow servant cast into prison till he should pay the debt.

The other servants, seeing how unforgiving this man was who had himself been forgiven, went and told all to their master, and he, being angry at such conduct, had the unforgiving servant brought back and cast into prison.

"And lead us not into temptation:"

"Temptation" means a trial to see whether we will do a thing or not. Here it means a trial made by some person or thing-the devil, the world, or our own flesh- to see whether we will sin or not. God does not exactly lead us into temptation; but He allows us to fall into it. He allows others to tempt us. We can overcome any temptation to sin by the help or grace that God gives us. Therefore we ask in this petition that God will always give us the grace to overcome the temptation, and that we may not consent to it. A temptation is not a sin. It becomes sin only when we are overcome by it. When we are tempted we are like soldiers fighting a battle: if the soldiers are conquered by their enemy, they are disgraced; but if they conquer their enemy, they have great glory and great rewards. So, when we overcome temptations, God gives us a new glory and reward for every victory.

"Deliver us from evil:"

From every kind of evil, and especially the evil of being conquered by our spiritual enemies, and thus falling into sin, and offending God by becoming His enemy ourselves. It would be a sin to seek temptation, though we have a reward for resisting it when it comes.

"For thine is the kingdom, the power and the glory forever". This was actually added later to give even more glory to God.

"Amen:"

means, be it so. May all we have asked be granted just as we have asked it.

Remember, when we make a petition to God, we, also need to keep our word, our end of the bargain.

This is the prayer our Lord taught us to pray, but He also said to pray without ceasing;

1Th 5:15 See that no one repays another with evil for evil, but always seek after that which is good for one another and for all people.

1Th 5:16 Rejoice always;

5:16

1Th 5:17 **pray without ceasing;**

5:17

1Th 5:18 in everything give thanks; for this is God's will for you in Christ Jesus.

5:18

1Th 5:19 Do not quench the Spirit;

5:19

1Th 5:20 do not despise prophetic utterances.

5:20

1Th 5:21 **But examine everything {carefully;} hold fast to that which is good;**

5:21

1Th 5:22 **abstain from every form of evil.**

5:22

Here we find examples of prayers that are good to be prayed. It is wrong for anyone who claims Jesus Christ, to willfully neglect morning and evening prayer. The following are good examples of prayer. They are not necessarily the only way to pray but are good examples to pray if prayer is not something you are comfortable with;

## Morning Prayer

The Lord's prayer we have seen, pray it 3 times a day, morning, noon and evening.

## The Apostles Creed

This is your declaration of faith and belief and goes as follows;

I believe in God, the Father Almighty, creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## An act of Faith

O my God, I firmly believe that Thou art one God in three Divine Persons, Father, Son, and Holy Ghost; I believe that Thy divine Son became man, died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

(Now for a little explanation before we continue. You have probably noticed the word 'Catholic' in two of these prayers so far. Understand this, the word 'Catholic' means 'universal', one holy and universal church. Christ prayed for this Himself;)

John 17:11 "I am no longer in the world; and {yet} they themselves are in the world, and I come to You. Holy Father, keep them in Your name, {the name} which You have given Me, that they may be one even as We {are.}

Jhn 17:21 that they may all be one; even as You, Father, {are} in Me and I in You, that they also may be in Us, so that the world may believe that You sent Me.

Jhn 17:22 "The glory which You have given Me I have given to them, that they may be one, just as We are one;

Jhn 17:23 I in them and You in Me, that they may be perfected in unity, so that the world may know that You sent Me, and loved them, even as You have loved Me.

So now that it is understood that Jesus wanted one church and only one church, the path we choose in order to be on the true path must be the one that brings unity to the church).

#### An Act of Hope

O my God, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

#### An Act of Love

O my God, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

#### An Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because of Thy just punishments, but most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin.

### Petition for Grace

O my God, you know my weaknesses and failings, and that without Your help I can accomplish nothing for the good of souls, my own or others'. Grant me, therefore, the help of your grace. Grant it according to my particular needs this day. Enable me to see the task You will set before me in the daily routine of my life, and help me to work hard at my appointed tasks. Teach me to bear patiently all the trials of suffering or failure that may come to me today.

### For Guidance

O Lord God almighty, who has brought us to the beginning of this day, defend us in the same by Your power; that we may not fall this day into any sin, but that all our thoughts, words, and works may be directed to the fulfillment of Your will. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Ghost, God, world without end. Amen

## **Evening Prayer**

### An Act of Adoration

O my God, I present myself before you at the end of another day, to offer you anew the homage of my heart. I humbly adore You, my Creator my Redeemer, and my Judge! I believe in You, because You are Truth itself; I hope in You, because You are faithful to Your promises; I love You with my whole heart, because You are infinitely worthy of being loved; and for You sake I love my neighbor as myself.

### An Act of Thanksgiving

Enable me, O my God, to return thanks to You as I ought for all Your great blessings and favors. You have thought of me and loved me from all eternity; You have formed me out of nothing; You have redeemed me by the death of Your Son and enabled me to share in the divine life of grace; You have made me a member of the Mystical Body of Your Son, the Church; You have given me the opportunity of working for the building up of that body; You have preserved me from the punishment I deserve for my sins and have given me the grace of repentance even though I have not ceased to offend You. What return, O my God, can I make for Your innumerable blessings, and particularly for the favors of this day?

## Before an Examination of Conscience

O my God, Judge of men, who desires not the death of a sinner, but that he should be converted and saved, enlighten my mind that I may know what sins I have this day committed in thought, word, or deed, and give me the grace of true contrition.

### Examination of Conscience

*To overcome our failings we must know them. A daily checking of our service of God and neighbor will show us what we must watch, in order to root out of our lives imperfect or sinful habits. A daily examination of conscience will also help to keep us in standing with the Father. The following questions are a useful form (but not the only form) of examination.*

Have I tried to live this day mindful of the presence of God? Have I tried in all things to do His will? Have I murmured or been impatient with the reverses or difficulties I have meant?

Have I been guilty of any act or word contrary to truth, honesty, or impurity?

Have I given way to pride, envy, or hatred? Have I spoken of the faults of others? Have I hurt anyone's feelings by my words or actions? Have I encouraged those who were speaking of the faults of others?

Have I been seriously trying to lead a holy life- by avoiding sin, loving God, and by being concerned for all whom I come in contact? Do I live selfishly, as though the people with whom I come in contact did not matter to me? Am I concerned over the salvation of the souls of those around me? Am I willing to inconvenience myself to help others? Am I kind only to my friends, or do I help also my enemies?

*Here you must take a moment to listen for God to speak to you and help remind you of the wrongs you have done this day and then confess them to the Lord.*

### An Act of Contrition

Have mercy on me, according to Your great mercy. Behold I am deeply sorry for all my sins, because I have deserved to be punished by You, the all-knowing and just Judge, in this life and in the life to come, but much more because I have offended and grieved You, the most high and most lovable good.

And according to the multitude of Your tender mercies, blot out my iniquities. Cast me not away from Your face, and take not Your holy spirit from me. I am firmly resolved never to offend You again. Help me with Your grace. O Jesus, for You I live; O Jesus, for You I die; O Jesus, I am Thine in life and death. Amen

### For Protection

Be present, O Lord, and protect us through the silent hours of this night, that we who are wearied with the work and changes of this fleeting world, may rest upon Your eternal changelessness.

### For a Quiet Sleep

O Lord God, wearied as we are with the labor of the day, do Thou with quiet sleep refresh us, that receiving this help to our weakness, we may serve You in body and mind.

### Prayer of a Lay Apostle

Thanks, my God, for the day that is ending, thanks for the coming night. Bring sleep to the weary, bring repose to those I love, and give me rest until tomorrow.

All was not fine, perfect and beautiful today. Give me strength to do better tomorrow.

In this day that is ending I have not been what I should have been. Make me better, my God, less harsh towards others, more gentle, more patient. Make me, too, more determined, more demanding of myself, more truthful in speaking, more faithful in my promises, more active in my work, more obedient and more submissive...let me be cheerful, too, and may tomorrow be a finer, fuller day than this.

Thanks my God for the day that is ending, thanks for the coming night. Bring sleep to the weary, bring repose to those I love, and give me rest until tomorrow.

### Conclusion

There are two paths we can walk. It is our choice which one we walk on. God has allowed us the freedom of thought and to choose. We cannot say that God has sent anyone to Hell for we send ourselves to hell by the turning of our backs to our Creator, and our Lord and Saviour Jesus Christ. For if we are in Christ than we are in God and share eternity in the light of the Father.

If we turn our back to Him who created us than we have shut ourselves out of the light and have chosen to live an eternity in darkness and personal torment for without God in our eternal life there is no light, no love, only darkness and hatred for eternity.

Make your choice where you want to spend your eternity.

Monk Michael

Combat Self Defense Systems  
New Warrior Ministries Inc.

Chester, South Carolina

It is my hope that you walk the path with Jesus. If we can be of any help to you along your travels; contact me here at;

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<http://www.newwarriorministries.com>

May God bless you and keep you!

*Monk Michael*